

So you've made it this far—you're at the very end. You can probably taste your potential reward (among a few other unpleasant things at this point). Just one last thing stands in your way, and it's a real doozy. If you make it all the way to the end of this dare, regardless of the outcome, then you'll be a true champion of the IEDDCS, and get everything that comes with it, and really, you'll have earned it. So if you're ready to put this whole thing to bed, read on... Read on and weep at this terrible thing that lies before you...

Once again, this challenge will take place over the course of two days. The standard IEDDCS day before preparation rules apply here, you should know them by now. In addition, you will take a triple dose of fiber powder (Metamucil or something similar) in preparation for your challenge. I recommend you space out your doses of the fiber powder—there's no need to take them all at once.

For this challenge you're going to need a couple things:

At least four diapers, as thick as possible

A short length of hose or tubing (a few inches, maybe half a foot), at least the width of a garden hose

Fiber Powder—you should have some left over

Laxative suppositories

24 jars of baby food—four jars each of each of the following six flavors: Strained Peas, Green Beans, Prunes, Squash, Applesauce, Pears

A baby bottle

Disposable ear plugs

Duct tape

A funnel

A ping pong ball

A bar of soap

At least 14 cups of cooked oatmeal (or your across-the-pond equivalent)

An enema apparatus of your choosing

A timer that vibrates (your phone should work fine—be sure it's charged)

The first day is a giant test, and depending on how well you do—that is how well you can mitigate a series of contradictory challenges—your second day may be either just miserable or it may be a living hell. I hope for your sake you do well.

In preparation for your day one challenges, you're going to need to prepare your diapers—the innermost one needs one small hole, exactly large enough for the tube or hose to fit through, in about the center of the crotch of the diaper (you're not inserting the tube yet, the hole is just for future use). The middle two diapers should have slits allowing them to drain, and the outermost diaper should be intact. This should be completed before 8:00AM of your first day.

Besides the preparation of your diapers, you are only allowed to make two other preparations: One, you must set out all your jars of baby food so you can tell at a glance how many of each flavor you have left—this is extremely important. Two, you must prepare a vat of oatmeal (I picked it because you get it in bulk and it's cheap—I assume you have the big bulk oatmeal over there—if not, pick something similar in size, price, and fiber content). You're going to need at least 14 cups of cooked oatmeal, which is seven cups uncooked. You'll probably want to add a little extra water/milk to get it extra mushy and so it doesn't dry out and harden before the end of the dare. You're actually going to be eating this, so be aware (it's not going down your diaper).

At 8:00AM day one, your challenge officially begins. At this point, you are to be diapered, and the diapers may not come off for any reason until 8:00AM the next day. During day one, six rules are in effect, you will notice that each rule has a flavor of baby food associated with it. Every time you break one of the rules, you will dump a jar of the appropriate baby food down your innermost diaper. You will alternate front/back each time you are forced to do this (it's your choice whether you want to start with the front or the back). The rules will be very specific, and you will carry out the aforementioned punishment every time you break one, even if you manage to break the same rule within a minute of breaking it last—there is no grace period.

Now, you'll notice, you only have four jars of each flavor of baby food—so does that mean if you break a rule and you're out of the correct flavor of baby food then you're off the hook? Far from it. If you break a rule and you are out of the correct flavor of baby food to dump down your diaper, you must instead reach down the back of your diaper and insert a suppository up your ass. Due to the nature of day two of this challenge, I would avoid doing this as much as physically possible. That means, you'll only be able to break these six rules four times each and get away with it (get away with it is pretty generous here—it's still not going to be pleasant).

Rule 1: Applesauce

If at any point from 8:00AM to 10:00PM on day one you wet your diaper, you must immediately pour a jar of the Applesauce baby food down your diaper.

Rule 2: Prunes

During each hour from 8:00AM to 10:00PM on the first day, you must fill and consume four baby bottles of water per hour. If, at the top of an hour (starting at 9:00AM) you have unfinished bottles for the previous hour (even if it's just a sip or two remaining), you must immediately pour a jar of the Prunes baby food down your diaper.

Rule 3: Strained Peas

You may not stand up on two feet at any point during day one. You are required to crawl everywhere. If you stand upright at any point during the day, you must pour a jar of the Strained Peas baby food down your diaper. For each step that you take during day one, you must pour a jar of the Strained Peas baby food down your diaper.

Rule 4: Squash

Every other hour, starting at 8:00AM on day one, you must spend 30 continuous minutes kneeling in the corner, holding a ping pong ball pressed to the corner with your nose. You must set a timer to know when your 30 minutes is elapsed. You may start the 30 minutes at any point during the hour, but if at any point you allow the ping pong ball to fall (even intentionally), you must pour a jar of the Squash baby food down your diaper. If, at the end of a given hour, you have not managed to press the ping pong ball to the corner for a continuous 30 minutes, you must immediately pour a jar of the Squash baby food down your diaper.

Rule 5: Pears

Every other hour, starting at 9:00AM on day one, you must spend 30 continuous minutes holding a bar of soap in your mouth. Be sure to have a countdown timer, a stopwatch, or something to take accurate time measurements—but remember, if you remove the soap for any reason, you must reset the timer to 30 minutes. You may start the 30 minutes at any point during the hour, as long as you managed to

achieve 30 continuous minutes during the hour. If you fail achieve 30 continuous minutes during a given hour, you must pour a jar of the Pears baby food down your diaper.

Rule 6: Green Beans

You must stay well fed over the course of day one—you must eat all of the 14 cups of oatmeal you prepared at the beginning of the dare. You have 14 windows during which to eat all your oatmeal—each full hour from 8:00AM to 10:00PM (so no starting at 9:30 and going to 10:30—top of hour to top of hour only). The oatmeal must be consumed in 2 cup servings, so you will only use 7 of the 14 windows available to you throughout the day. You may not use your hands at all to eat—they must be kept with fingers interlaced behind your back whenever you are eating. If you start eating a serving of oatmeal and fail to finish it within the hour, you must pour a jar of Green Beans baby food down your diaper. At 10:00PM on day one, for each two cup serving you have remaining, pour a jar of Green Beans baby food down your diaper (you must still insert suppositories for each serving you have left more than the number of jars of Green Beans baby food you have left).

At 10:00PM the end of day one, the above six rules will no longer be enforced—though you still may not remove your diapers or use the toilet. At this point, you should have a number of jars of baby food remaining (hopefully). Leave them arrayed out before you—get a picture for posterity, take in how many are left. Tomorrow, they will be the instruments of your salvation... Or of your doom. Regardless, you're spending the night this way, so at least try to get some rest, you're going to need it.

Day two you should be ready to go by 8:00AM—you're going to have a little bit of down time/prep time before you really get going, so try to enjoy it. I recommend getting a lot of fluids into you at this point, because there's not really going to be an opportunity for it once you're going—same with food, do what you need to do to be ready for the day.

At some point in the hour and a half between 8:00AM-9:30AM, you're going to need to endure your trial by fire. This will be awful, but it will determine how terrible the rest of your day is going to be. Take all of your remaining jars of baby food—every flavor—and mix them all together in a big bowl. Make a note of how many jars you add, and set a countdown timer for 45 seconds per jar you add to the bowl (so if you've got only two jars left, it's a minute and a half, four jars would be three minutes, etc). Place your funnel in your mouth, start your countdown, and start slowly pouring the baby food mix into the funnel. Once you start your timer you may not remove the funnel from your mouth, otherwise your overall grade becomes an F and you will endure the harshest punishment that follows this. You may pour as slowly as you think you need to—don't choke yourself or anything here, but time is of the essence. You must swallow all the baby food—if you spit any of it back up, you will likewise get an F Grade.

As soon as you've poured the entire bowl into the funnel, cleared the funnel, and swallowed everything, you must stop your timer as soon as possible—the amount of time left on it will determine your overall grade (so having more jars of baby food remaining might suck, but it'll allow you to score higher because it allows you to start with more time on the clock). Because of the nature of this challenge, you may find it advantageous to deliberately break rules on day one to trim down the baby food you have to eat at this point to a manageable level, or to eliminate certain flavors. Such strategies are up to your discretion.

The grades for this challenge are as follows:

S: 300+ Seconds (5+ minutes) Remain

- A: 240-299 Seconds (4-5 Minutes) Remain
- B: 180-239 Seconds (3-4 Minutes) Remain
- C: 60-179 Seconds (1-3 Minutes) Remain
- D: 1-59 Seconds (Less than a minute) Remain(s)
- F: 0 Seconds remain, the funnel leaves your mouth, you fail to swallow all the food

Now that that is all completed, we come to the actual punishment... I know, it seems like a long, miserable way to this point, and I'm afraid it's only getting worse from here unless you scored an S on your trial by fire. If you did score an S, then you're done—and good for you, you can take a well-deserved break, clean up, and read the rest of this knowing you avoided the worst of it. Otherwise, cast off all hope and read on...

Starting no later than 9:30AM, the preparation for your final punishment begins. Remove all your diapers and separate the innermost diaper from the rest. Feed the length of tubing or hose through the hole you cut in this diaper at the beginning of the challenge—this will be your breathing tube for the remainder of your punishment. At this point, if you scored a D or better you may discard the old outside diapers and get some new clean ones—the number is up to you, but you'll be wearing them the rest of the day, so choose wisely.

At this point, unless you scored a B or higher, you must insert your earplugs—they should completely block out any sound at all.

Unfortunately, now it's time to make you a little less comfortable—unless you scored a C or better, you're going to take a 1L hot soapy enema before you get diapered back up. The enema and the rediapering must be complete by 10:00AM, when your punishment starts in earnest.

At 10:00AM, it's time for the plunge—if you scored worse than an A, set your timer for 12 hours and be sure it's set for vibrate. If you scored an A, then you will only set it for 6 hours. Strap the inner most diaper over your head, wrapping your mouth around the breathing tube (make sure you get it good and clean before you do so), and using multiple wraps of duct tape fasten it securely around your head. **DO NOT BLOCK YOUR BREATHING TUBE.** Have a pair of scissors readily accessible during the remainder of your punishment, in case you need to cut the diaper off, though this should not be an issue—safety first.

This is the rest of your day. The enema will soon take effect (if you did not score high enough to prevent it), and you may or may not be sitting in complete silence with nothing but the horrible feeling and smell (I would breath through the tube if I were you). Over the course of the punishment, you'll be very likely to wet and/or mess again, especially if you scored low enough to get an enema on top of everything else. There is nothing you can do about this, just lay there and accept it. It is not required, but I would personally prefer it if you began weeping at this point—that would be especially fun for me.

When your timer goes off, you're done—there are no extensions, no potentially worse punishments—unless you scored an S, you've been punished enough as it is (and an argument could be made that even with an S grace you've suffered enough). Get cleaned up, go pass out, and think very carefully if you want any more dares from me in the future—if you do, I'm *sure* I can accommodate you.

Score Quick Reference

S: Scott Free

A: Half duration, no enema, new diapers, no earplugs

- B: Full duration, no enema, new diapers, no earplugs
- C: Full duration, no enema, new diapers, earplugs
- D: Full duration, enema, new diapers, earplugs
- F: Full duration, enema, old diapers, earplugs