

In this challenge, we're going to shock your body a little bit—nothing dangerous, but let's just say that your diaper is not going to be very pleasant by the end of all this. If you do end up completing this, I recommend taking a few days off before continuing the series (if indeed you choose to). Just to be clear—when completing any of these, if you feel like you are in the least bit of danger, if you start feeling dizzy or faint, any of that—stop. Stop immediately. None of this is worth you getting hurt over. So please, be safe. There, that's out of the way.

This challenge, like most in this series, will last you two days. The day before you even attempt it, the standard IEDDCS preparation rules will be in effect—you may urinate in the toilet, but may not defecate. You are required to eat, and should eat hearty, with particularly greasy foods being preferable. These rules will also be in effect for the remaining three challenges in the series, so get used to them.

Other things you will need for this challenge include 3 one-gallon jugs (milk jugs, or just anything you have lying around—just make sure they're clean), duct tape (which you should have left over from the previous challenge), a funnel, four boxes of Lean Pockets of a flavor of your choice (for non-Americans attempting this, just try to find something close), and a bottle of fiber powder (Metamucil or something similar—if you're planning on finishing the rest of the dares in this series, get a decent sized bottle—you'll need it for future challenges). You may also need an oral tablet laxative like Ex-Lax or a bottle of Castor Oil if you do particularly poorly—you may already have these things from the previous challenge though.

The day before you start, get all three of your gallon jugs full of water, and take three doses of the fiber powder over the course of the day—be sure to space them out and take them with plenty of water. Remember, you can still urinate in the toilet the day before, so I recommend taking advantage.

Day one of this challenge is very simple—at 8AM you're going to get diapered up, five diapers thick, with slits cut in the inner diapers to allow drainage. After you're diapered, go ahead and secure the whole thing with a few wraps of duct tape—you're going to be wearing this for a long time, and it's going to get quite heavy, I wouldn't want it to fall off... If you've got access to plastic pants, I recommend those as well—if not, well, I leave it to you to figure out how to deal with leaks.

For the challenge itself—you've got three gallons of water to go through today—you must have it all down by the end of the day (9PM), or there will be consequences. Also over the course of the day, you need to go through all four boxes of Lean Pockets, eating a box every 3 hours. With each of your delicious meals, you'll also take another dose of the fiber powder. Now, here's the problem—you haven't pooped for a day already, you're full of bulk-forming laxatives, and Lean Pockets are essentially white trash pipe-cleaners. Your second challenge is to avoid messing for the full day—if you fail, you're not only going to be sleeping in your mess, there will be additional consequences when all is said and done. That said, you won't be subject to chemical laxatives, suppositories, enemas, any of that jazz, it's just you, your body, and a very full stomach. A true test of your holding power.

At the end of day one, you will take stock of how you did—see how much, if any of your three gallons of water remain, and if your diaper is messy or not. Depending on the answer to those questions your night and following day may be relatively pleasant or extremely unfortunate. At this time, you're going to gain a certain number of points—you don't want points, points are bad—based on how many points you have, you'll need to perform a number of challenges tomorrow, each with a point value themselves. The fewer points you have, the easier your tomorrow gets. The more points you have... Well, I wouldn't want to spoil the surprise.

To find out how many points you've got, take your measuring cup and start pouring your remaining water out into it. Every half cup you have remaining earns you a point (so having a full gallon remaining would earn you about 32 points). I pour the extra water back into one of your other jugs when you're done measuring it—we're going to use this water in a second. If you've got more than a full gallon of water remaining at the end of day one, every point you get from the second gallon is doubled. For example, if you've got one full gallon remaining, and two cups of another gallon left, you get 32 points for the first gallon and 8 points from the 2 cups of the other, for a total of 40 points. If, at the end of the day you have a messy diaper, add 5 to your total points, then double your total. For emphasis, you add the 5 points **before** you double—so you're going to get 10 points, plus double for whatever water you had left. This is going to make your day 2 very unpleasant, I recommend you practice some willpower.

Once you've got your points totaled, take the water you have remaining, get your funnel, and pipe that water down the front of your innermost diaper. Hopefully you're not leaking at this point, because you're sleeping like this for the night. If you are... Well, it's up to you how you want to mitigate it—saran wrap works, plastic panties, even sleeping in your bathtub is an option. I leave it to you. Before hitting the hay, though, you may need to refill some of your water jugs. If you have 10-25 points, you need to fill one of your gallon jugs back up and put it in the fridge for tomorrow. If you have 26-30 points, you need to fill two of them back up for tomorrow. If you've got 31+ points, just go ahead and fill up all three of them—tomorrow is going to be rough for you.

Your start time on day two will be based on how many points you have going into the day—if you've got less than 20, you can sleep in until 9:00AM. 20 points or more, however, and you're going to be starting at 6:00AM, because you've got a lot to do today!

Now, you've got this big pile of points, and you need to get rid of them by the end of the day. Why do you need to get rid of them by the end of the day? Well, because at the end of the day you will be punished based on how many points you have remaining, and you KNOW the punishments won't be pleasant. So how do you get rid of your points? Go ahead and consult the following:

- Eat a jar of Fruit Baby Food (other than Prunes): 1pt (repeatable)
- Eat a jar of Strained Peas, Green Beans, Squash, or Prunes Baby Food: 2pts (repeatable)
- Go for a walk around the block (you may cover up as much as you wish): 5pts (once only)
- Order a delivery meal—be sure the delivery driver sees your diaper: 5pts (once only)
- Wear a water balloon stuffed bra for the entire day: 2pts (once only)
- Wear the most feminine dress you own for the entire day: 2pts (once only)
- Wear high heels for the entire day: 2pts (once only)
- Apply the most sluttish makeup you can for the entire day: 2pts (once only)
- Crawl for 2 hours (no standing the full two hours): 1pt (repeatable)
- Keep a pacifier in your mouth for a full hour: 1pt (repeatable)
- Take a 4oz dose of Castor Oil: 3pts (once only)
- Watch a full hour of Teletubbies, Dora, or other similarly mind-numbing TV: 2pts (repeatable)
- Drink two baby bottles worth of milk: 1pt (repeatable)
- Drink one baby bottle worth of formula: 1pt (repeatable)
- Hold a lathered bar of soap in your mouth for 30 minutes: 2pts (repeatable)
- Kneel in the corner for an hour: 2pts (repeatable)

During the day while you are performing your various activities to reduce your points, you are also required to drink any of the water you earned yesterday. Water you don't drink on the second day will

turn into points again, and these points will directly translate into punishments—so get that water down!

At 10:00PM on day two, you're repeat the process from the night before, measuring out how much water you left unconsumed on the second day. This time, each full cup of water remaining earns you a single point, but again, those points are directly translating into punishments, so that's not what you want. After you've tallied your water points, add that to any points you failed to clear on day two to get your final score. If your final score is zero, then you're done! Cut yourself out of that nasty diaper, get cleaned up, and get some rest—you've definitely earned it. If you scored more than 0... Well, then it's punishment time—consult below to see what you've earned.

1 Point: You're going to spend another night sleeping in that diaper—you can cut yourself out and clean up tomorrow morning at 8:00AM.

2 Points: You're not quite done tonight—get some notebook paper, a pen, a lathered bar of soap, and the most uncomfortable chair you can find. You're going to write "This is what happens when you fail during the Infamous Extreme Diaper Dare Challenge Series." 100 times—you may only write while you're holding the bar of soap in your mouth. After you finish, spend the night in that nasty diaper—you may cut yourself out and clean up tomorrow at noon.

3 Points: You're going to go for another day—a day of corner time. First, you're going to sleep in that diaper, then tomorrow starting at 6:00AM you're going to spend every other hour squatting in the corner with your hands on your head until 1:00PM (6-7, 8-9, 10-11, 12-1). During the alternating hours you must hold a lathered bar of soap in your mouth. At 1:00PM, you may cut yourself out and clean up.

4 Points: Now we're going to start getting truly unpleasant—You must spend the night in that diaper, staying in beat until 10:00AM (a full 12 hours), before cutting off your diaper and laying it open on the floor. Assume the push-up position with your face over your diaper and proceed to do 50 push-ups—they don't count unless your nose touches your mess. If your knees ever touch the ground, you must start over. You may clean up as soon as you've finished.

5+ Points: Since you obviously didn't try, we're going to go ahead and give you a little incentive for the future. You're going to spend the night in that diaper, until 10:00AM the next morning, when you will cut the diaper off and replace it with a new one (no cleaning up first) before slapping the used diaper over your head—be sure to get a good face-full of your mess. You will then set a timer for an hour and kneel in the corner until it goes off. After which you may clean up and finish.

I hope for your sake you managed well on this challenge, but hey—if you didn't, it's all on you. There are no dice to blame, no random chance. This one was all on you. Hey, at least now you're half way done... The last two challenges are pretty terrible, but at least there are only two of them left—unless you want to chicken out that is...